Still Waters Osteopathy

Services & Pricing · Dr. Ryan Christensen, DO · Lake Orion, Michigan

Hands-on osteopathic medicine for every age, from newborns to grandparents, with options for every kind of seeker and every budget. Every visit is unhurried, compassionate, person-centered care with a board-certified physician. **Not sure where to start?** Book a **free 15-minute Discovery Call** and we'll help you choose.

Choosing your first visit

Introductory Cranial

20 minutes · $200

Gentle, hands-on cranial osteopathy. The perfect first taste of osteopathy, or a reset for a busy week.

Precision Intake

60 minutes

A full hour: complete history, physical and osteopathic exam, hands-on treatment and a personalized plan, with labs, imaging and referrals as needed.
Adult $600
Adolescent (13-21) $550
Pediatric (birth-12) $450

Premier Intake

Our signature experience

Unhurried time devoted to your whole story, with full evaluation, treatment and a personalized plan. Everything in Precision, and more.
Adult $1,200 (2 visits: 2 hours + 1-hour follow-up)
Adolescent $800 (90 min)
Pediatric $600 (90 min)

Follow-up visits

Adult		
Long follow-up	45 min	**$500**
Short follow-up	20 min	**$250**
Adolescent (13-21)		
Long follow-up	45 min	**$300**
Short follow-up	20 min	**$150**
Pediatric (birth-12)		
Long follow-up	45 min	**$275**
Short follow-up	20 min	**$125**

The Perrin Technique™

A specialized osteopathic approach for ME/CFS (myalgic encephalomyelitis/chronic fatigue syndrome), Long COVID and fibromyalgia.

With Dr. Christensen, licensed Perrin Technique™ practitioner		
Perrin Precision Intake & Assessment	60 min	**$600**
Perrin Premier Intake & Assessment	120 min	**$1,200**
Perrin Follow-Up, Long Treatment	60 min	**$500**
With Lori, trained in the Perrin Technique™		
Perrin Technique™ Session	30 min	**$100**

Prices as of November 2026 and subject to change.

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Packages

Prepaid packages give you flexibility to book visits as you need them. Packages are good for 12 months, and payment plans are available with Dr. Christensen's approval.

Pregnancy Peace Package: one prenatal and one postpartum treatment for mom, plus a newborn treatment for baby (sibling option available)	3 visits	**$750**
Six Pack: a Premier initial visit plus 5 treatments, for chronic or complex concerns	6 visits	**$2,000**
Family Pack (new patients): up to 2 adults and 2 children or teens		**$2,200**
Family Follow-Up Pack (established patients)		**$1,300**
Intensive 4 Pack: long follow-ups for complex cases (established patients)	4 visits	**$1,600**
Perrin Follow-Up 4 Pack	4 visits	**$1,600**
5- and 10-visit follow-up packs		**Ask us**

Also at Still Waters

Acupuncture with Dr. Christensen: intake	60 min	**$300**
Acupuncture with Dr. Christensen: follow-up	30 min	**$150**
Auricular acupuncture with Lori	60 min	**$50**
Reiki + auricular acupuncture with Lori	60 min	**$130**
Reiki with Lori	60 min	**$100**
Integrative Functional Medicine Consultation	60 min	**$750**
IV nutrient therapy	60 min	**$150-$225**
BioMat infrared session	45 min	**$25**
Shamanic energy work with Shaman Steve (free 15-min discovery call)		**from $100**

Good to know

Direct-pay practice. We don't bill insurance. We accept cards, cash, check, and HSA/FSA cards, with financing through CareCredit. Superbills are available for commercial out-of-network benefits. **Online bookings are paid when you book.** Please give at least 24 hours' notice to cancel or reschedule; late cancellations and no-shows are charged the full visit price. You have the right to a Good Faith Estimate of your costs.